

Minutes

FREMONT SENIOR CITIZENS COMMISSION

REGULAR MEETING

Friday, September 18, 2015

9:30 – 11:00 am

Fremont Senior Center – Wing A

40086 Paseo Padre Parkway

Fremont CA 94538

1. CALL TO ORDER

- Commissioner Churchill called the meeting to order at 9:30 am.

2. ROLL CALL

Present: Commissioners Churchill, Helton, Narasimhan, Rhodes-Jones, Mirchandani, Walsh, Yamasaki

Absent: Commissioners Berndt, Desai, Hobbs, Kimberlin, Vaidya

Excused:

3. SALUTE TO THE FLAG

- Commissioner Churchill led the salute to the flag

4. APPROVAL OF MINUTES of the Regular Meeting of June 17, 2015

- Commissioner Mirchandani made a motion to accept the minutes as presented.
- Commissioner Rhodes-Jones seconded the motion.

M/S/P

Yay – Commissioner Mirchandani, Vaidya, Rhodes, Churchill, Helton, Narasimhan & Yamasaki

Nay – 0

Abstain – Commissioner Walsh

5. ORAL COMMUNICATIONS

- Paul Sethy – Alameda County Water District

- Mr. Sethy came to give an update to the Commission what the Water District is working on to try and make it possible to give a discount (like PGE) to low-income seniors.
- Commissioner Churchill asked Mr. Sethy to please keep the commissioners informed on what they can do to help ACWD make this a reality.

6. WRITTEN COMMUNICATIONS

- Senior Update
- Senior Citizens Commission Contact – Confidential
- Senior Citizens Commission Roster
- Updated Org Charts (Senior Center, AFS, Human Service)
- Information on City of Fremont Solar Celebration

7. OLD BUSINESS

7.1 Senior Commission Becoming More Visible – Denise Churchill, Chair; Esther Hobbs, Co-Chair

- Commissioner Churchill shared her experience at being in the lobby of the Senior Center and asked the other commissioners to do the same.
- After discussion, it was suggested by Commissioner Yamasaki that a flyer be put out in the lobby explaining what the commission is about and what they do. This flyer would be put out prior to the monthly lobby visits.
- Commissioner Walsh also suggested that maybe attending more of the Senior Center events and even coming to lunch would be good.
- Linda Olla, Senior Center Manager, offered to do the flyer for the Commission. She requested that any verbiage be forwarded to her by Monday, September 22, 2015. Linda also suggested that in addition to the flyer that a table tent could periodically be put on the dining room tables with the same information.
- Shawn Fong, Transportation Services Manager, invited the commissioners to accompany her to some of her speaking engagements as a way to be visible outside of the Center.

7.2 Senior Commission Binders – Karen Grimsich, Administrator AFS

- Lynn Hood, Recording Secretary, explained the reasoning behind the senior commission binders.
- Lynn encouraged the commissioners to bring their binders to every meeting so they can put any pertinent information in the binders immediately.

- Lynn shared that when information is updated, she will bring the updated information to the commissioners so they can keep their binders up-to-date.

7.3 Contact with Union City and Newark Commissions

Commissioners Helton & Rhodes-Jones

- It was reported by both Commissioners Helton and Rhodes-Jones that they have both been attending the Newark & Union City commission meetings along with Woody from the City of Newark Commission.
- It was shared that there are also two commissioners in Union City that want to become more connected by attending the other commission meetings as well as their own.
- It was reported that the other two commissions have not responded to the question on if they would like to take turns hosting joint meetings between the three commissions.
- It was decided that Commissioners Helton and Rhodes-Jones will continue doing what they are doing at this time.

7.4 Action Areas – Karen Grimsich, Administrator AFS

- Commissioner Churchill appointed commissioners to vacant positions
 - Facility Sub-Committee – Commissioner Mirchandani appointed
 - Senior Legislation – Commissioner Narasimhan appointed
 - Para Transit – Commissioners Rhodes-Jones & Yamasaki appointed

8. NEW BUSINESS

8.1 Introduction of New Commissioner Krishnaswamy Narasimhan

Denise Churchill – Chair

- The Commissioners introduced themselves
- The staff introduced themselves
- Commissioner Narasimhan introduced himself to the commission and shared a bit of his background.

9. COMMISSION REPORTS

9.1 Area on Aging – Commissioner Desai

- In Commissioner Desai's absence, Karen Grimsich gave a report.
- Discussion was had on how to get more of surveys filled out by low-income people as well as the different ethnic groups.

9.2 Builders Fund – Commissioner Mirchandani

- No Report given

9.3 Health Issues – Commissioner Helton

- Commissioner Helton gave a report on Tinnitus as well as different testing and research being done to help people with this condition.

9.4 Tri-City Elder Coalition – Commissioner Desai

- Karen Grimsich shared information on upcoming Seniors Night Out Event being held on Friday, September 25.

10. COMMISSION REFERRALS

- Commissioner Walsh announced that it would be better to hold a commission meeting at the Dominican Sisters in January or February 2016 instead of October 2015. She will keep us posted.

11. STAFF REPORTS

11.1 Aging and Family Services – Karen Grimsich, Administrator AFS

- Karen gave an overview of the new Home Sharing Program in the City of Fremont. *Encl: handout*

11.2 Senior Center – Linda Olla, Senior Center Manager

- Passed a card around for Thelma Thomas and told the commission she will let them know when the family will be hold a celebration of life.
- Building Update is moving along. The first phase is due to be completed the 2nd week of November. Then the 2nd phase will start immediately following 1st phase completion.
- Linda announced that the generator will be coming soon.
- Linda shared information about the upcoming Nonagenarian Celebration Lunch being held on September 30, 2015.
- Linda announced her retirement scheduled for the end of this year.
 - Karen shared that there will be a celebration of her retirement on December 8 will be the celebration.
 - Karen shared that they are in the process of reviewing resumes for Linda's replacement.

11.3 Announcements from ParaTransit, Shawn Fong, Manager Transportation Services

- Shawn announced that PAPCO looking for two board members
 - Shawn shared what the criteria is for people that want to apply for these board positions. *Encl: Handout*

- Shawn also shared that there are some openings for the Paratransit Advisory Committee. *Encl: Handout*

There being no further business, the meeting was adjourned at 11:15 am.

Respectfully submitted, Lynn R Hood, Recording Secretary.